

# TABLE OF CONTENTS

Part I: The Hierarchy of Righteousness and Wickedness .....	1
The Process of Becoming Righteous.....	4
Our “Free” Agency .....	11
The Role of Ordinances .....	18
Grace and Works .....	22
The Meanings of the Words “Heaven” and “Hell”.....	25
The Rewards for Achieving Each Degree of Glory .....	28
Exaltation .....	28
Celestial Kingdom .....	33
Terrestrial Kingdom .....	36
Telestial Kingdom .....	39
Outer Darkness .....	43
Part II: The Road to Heaven (Exaltation) .....	47
The Foundation of Personal Righteousness .....	48
Setting Righteous Goals .....	49
Gaining Secular Knowledge .....	57
Work; Labor; Industry; Thrift; Stewardship .....	60
Honesty; Integrity; Uprightness .....	67
Self-Discipline; Temperance .....	70
Patience; Courage .....	72
Justice; Fairness .....	87
Kindness; Compassion; Benevolence; Gentleness; Peaceableness.....	93
Humility; Meekness; Submissiveness .....	101
Forgiving and Showing Mercy to Others.....	111
Honoring Parents .....	114
Good Citizenship .....	117
Love for, and Service to, Others; Charity; Caring for the Poor.....	123
Modesty; Chastity; Sexual Morality .....	134
Civil Marriage .....	137
Having and Raising Children . .....	143
Belief in, and Respect for, God as Our Loving Father.....	149
Prayer; Gratitude; Fasting .....	161
Wisdom; Understanding; Scripture Study .....	178
Belief in Jesus Christ as Son of God and Savior .....	196
Repentance; Obedience; Forgiveness from God .....	219
Word of Wisdom .....	239
Sabbath Day Observance; Sacrament .....	245
Tithing; Fast Offerings .....	252

Baptism by Proper Authority .....	258
Receipt of the Holy Ghost .....	267
Diligence; Steadfastness; Patient Continuance.....	275
Love for, and Service to, God; Sustaining Church Leaders; Callings.....	285
Priesthood Service; Temple Endowment .....	297
Sacrifice; Consecration; Sanctification .....	305
Sharing the Gospel Teachings and Ordinances .....	317
Temple Marriage; Family Sealings .....	328
Endure to the End .....	336
 Part III: The Road to Hell .....	 342
Swearing; Profanity; Vulgarity; Levity .....	344
Gossiping; Backbiting; Fault-Finding; Complaining .....	347
Anger; Contention; Strife; Reviling .....	352
Tobacco; Alcohol; Gluttony; Coffee; Tea .....	360
Laziness; Idleness; Slothfulness; Ignorance .....	365
Covetousness; Greediness; Envy; Jealousy; Ingratitude .....	372
Lying; Deceit; Fraud .....	383
Gambling .....	391
Stealing; Robbery; Embezzlement; Extortion; Cheating .....	394
Faithlessness; Unbelief; Fearfulness; Sign-Seeking .....	398
Immodesty; Lust; Pornography; Lasciviousness; Masturbation .....	410
Illegal Drugs .....	417
Idolatry (Misplaced Worship) .....	421
Pride; Arrogance; Vanity; Conceit; Stubbornness .....	427
Sedition; Rebellion .....	438
Fornication; Homosexual Conduct .....	449
Hatred; Malice; Bitterness; Vengeance .....	457
Covenant Breaking; Apostasy; Hypocrisy; Unjustified .....	Divorce 460
Adultery .....	469
Blasphemy; Sacrilege .....	474
Sorcery; Astrology; False Prophesying; Priestcraft; Heresy .....	479
Conspiracy; Secret Combinations; Bribery .....	490
Tyranny; Oppression; Slavery; Abuse; Kidnapping .....	495
Prostitution; Pimping .....	503
Violence; Cruelty .....	505
Elective Transsexual Surgery; Bestiality .....	508
Rape; Unjustified Abortion; Incest .....	509
Murder; Manslaughter; Suicide .....	512
Denying (Blasphemy Against) the Holy Ghost .....	522
 Part IV: Is it Possible to Become Perfect? .....	 531
 Bibliography .....	 542
Index .....	544
About the Author .....	552